

06

NEW LIFE

IN PRAYER



Prayer is talking with God.

Every Christian has the privilege of communicating directly with God. If we desire a vital and fulfilling Christian life, we need to learn to talk with God. Through prayer, we can appropriate all of God's resources for us in Jesus Christ.

The best way to learn how to pray is by praying. Take some time to study the following verses and apply immediately what you learn about prayer through these verses.



**To pray is simply
to converse or talk
with Him.**

Any fulfilling relationship involves two-way communication. A look at the biographies of people recorded in the Bible clearly shows the importance of communication between God and His people. As long as these individuals listened to God, obeyed Him and prayed, their spiritual lives were radiant. When these same people, however, failed to hear and obey God and talk with Him through prayer, spiritual problems crowded in.

The same thing can happen to us today. God communicates with us through His Word, the Bible. If we desire a rich and fulfilling Christian life, we also need to learn to talk with God.

**Prayer was the
backbone of Christ's
life and ministry.**

Prayer was an important emphasis in the life of Jesus Christ. His desire to seek His Father's presence and know His will throughout His earthly life. The life of Christ was living conversation with the God the Father;

To become like Christ, we need to learn to pray. Prayer includes the following elements:

- | | |
|--------------------|---------------------|
| 1 Worship & Praise | 3 Confession |
| 2 Thanksgiving | 4 Specific Requests |

WORSHIP AND PRAISE

1. In **Psalms 95:6**, we are told to?
2. According to **Psalms 95:7**, why should we worship God?

3. According to **Psalms 135:3**, why should we praise God?

4. Read **1 Chronicles 29:11-12**. What does this passage tell us about God's character?

God is worthy of our worship and praise. As His children, we should praise Him for His love, mercy, patience, holiness and power.

Take a few minutes right now, to worship and praise God. **Tell Him how much you appreciate Him and why.** Considering the character of God described in **1 Chronicles 29:11-12**, tell God your thoughts about Him.

If you are studying this booklet with a friend, pray together. Take turns talking aloud to God.

THANK GOD
IN EVERYTHING

1. Read **Psalms 106:1**. According to this verse, what should we do?
2. Read **1 Thessalonians 5:18**. According to this verse, for what should we thank God?
3. Read **Romans 10:28**. According to this verse, why can we thank God for everything?

Take a few minutes right now and think about the **many things God has done in your life**, for which you are thankful. Why not write it down?

Take a few more minutes and think about **any unpleasant experience or circumstance in your life** for which you have not yet thanked God. Again, you are encouraged to write down.

Thank God for these things.



CONFESS YOUR SINS

1. According to **Psalms 66:18**, what happens when we pray and when there is unconfessed sin in our lives?
2. Read **1 John 1:9**. What does God say He will do when we confess our sins?

Are you aware of anything in your life that is not pleasing to God? If so, admit your sin to God. Confess it to Him. Remember, when you confess, you:

- a. Agree** with God that what He has revealed to you as sin is sin.
- b. Thank** God for His forgiveness. You know you're forgiven because of what Jesus did. He died on the cross for your sins.
- c. Repent** - decide not to do it anymore. Change your attitude and then your action.

Take a few minutes and ask God to show you **anything in your life that has not been pleasing to Him**. You may list down these things on a small piece of paper.

After writing them down, confess them to Him.

Now, claim the promise of **1 John 1:9** and write this verse across your list. Then, destroy your list. This shows that you believe God has forgiven you.



1. According to **James 4:2b**, why are the needs of some Christians not met?
2. According to **Matthew 7:7**, what does Jesus say will happen when we tell God our needs?
3. According to **1 Timothy 2:1**, for whom should we pray?

SPECIFIC REQUESTS

Take a few minutes and list your specific needs and requests. **When your requests to God are specific, you will know when He has answered them.** Keep your list. Watch and wait. Then thank God when He does answer your request.

DATE	REQUEST	DATE	ANSWERS

PRAY REGULARLY

Prayer can become enjoyable when you write your request everyday in your devotional notebook. This provides a permanent record of your requests.

It is also exciting to review your request periodically and see the many ways God has answered and actively involved Himself in your life.



WORSHIP & PRAISE

1. Worship God.
2. He is our God and we are His people.
3. For the Lord is good. It is pleasant to praise God.

THANK GOD IN EVERYTHING

1. Give thanks to the Lord.
2. For all circumstances. For everything.
3. Because in all things God works for the good of those who love Him.

CONFESS YOUR SINS

1. The Lord will not listen to our prayers.
2. Forgive us and cleanse us.

SPECIFIC REQUESTS

1. Because they do not ask God
2. A.S.K.
Ask and it will be given.
Seek and you shall find.
Knock and the door will be opened.
We will receive.
3. Everyone



A caring community passionate about
connecting people to Jesus Christ