



# COLLABORATIVE DISCIPLESHIP

## 2 Cultivate

### Sexual Purity

## 1 Connect

**Summary** God can give us what we need to be satisfied in Him and live sexually pure lives.

**Read** 1 Corinthians 6:12–20 and ask the following questions:

- 1 What do you like about this passage?
- 2 What do you find uncomfortable or difficult to understand in this passage?
- 3 What appears to be the main idea emphasized in this passage? (Look for repeated words or ideas.)

**Consider** how the following passages increase our understanding of this topic:

**Read** Proverbs 5:15–23.

What is God's plan for sexual fulfillment?

**Read** Matthew 5:27–28.

How does Jesus expand the traditional understanding of adultery?

How has lust, sex and/or pornography affected your life?

**Read** Galatians 5:16–26.

How can we keep from sexual immorality and sin?

- 4 What are the beliefs and values promoted in these passages?
- 5 What do they reveal about our human condition and God's response?
- 6 How are these beliefs and values similar or different from those that have influenced you? (such as your family, culture, peers, church, etc.)
- 7 What unanswered questions do you have about sexual purity?
- 8 How might our faith increase and our lives change as we embrace what is true and important?
- 9 In light of what we've discussed, how can we pray for each other right now?

**Note:** For many, sexual purity is a struggle and some have experienced trauma related to their sexuality. If your group doesn't have the experience and resources necessary to help in this area, please connect with a Cru staff member, pastor or professional Christian counselor.

*Did your parents ever have "the talk" with you about sex or sexual purity? If so, what did they tell you? If not, where did you first learn about sex and what did you learn?*

## 3 Care

*Since we last met, what happened as a result of expressing Christ's love to others?*

*How can you, or we, express Christ's love to others this week?*

Here are a few ideas:

**Pray** God would meet their deepest needs.

**Help** meet a felt need they have.

**Encourage** them with a text, note or verbally.

**Give** them a thoughtful gift or buy them coffee.

**Invite** them to do something fun or meaningful.

**Listen** to their story.

**Explore** their thoughts on the gospel.