



Summary of Ten Holistic Hardware Tools

Holistic Hardware is a faith-based life skills DVD video series for restoring those in crisis and equipping those who would desire to avoid crisis. It contains 10 sessions (Tools) and includes downloadable supporting curriculum

Tool	...is about	Key	Chief Principle	Parts
Vision	View of the future	Change view of future from negative to positive to be motivated to make progress	3-V Strategy	Vision Valley Victory
Responsibility	Ability to respond effectively In personal crisis	Take ownership of my personal crisis by my attitude	Three-Step Strategy	Look back Get out Take note
Self-Esteem	Ability to raise self-image from low to high	Connect to others, Conceive of yourself as important, Care for others, Commit to something you do well and Carry the scale of pride and humility in balance.	5-C Strategy	Connect Conceive Care Commit Carry
Faith	Ability to strengthen resolve to run life's race	Perseverance - Never Give up	2-E Strategy	Endure Expect
Discipline	Determination to suffer short-term pain for long-term gain.	Decision to change, followed by process of change	3 per Day Strategy	Physical discipline Mental discipline Spiritual discipline
Association	Ability to manage relationships to work for me, not against me	Understand that people will either make me or break me	3-M Strategy	The Menace The Mystery The Mentor
Planning	Ability to manage my life events ahead of time	When planning meets opportunity, progress happens	3-G Strategy	Ghost Planning Grunt Planning Glory Planning
Work	Ability to develop both character and career	First obtain work, then maintain work	4-C Strategy (to off-set being ow worst enemy)	Caustic Tongue Conniving Tongue Controlled Tongue Caring Tongue
Wealth	First to maximize my resources, then manage my resources	Make a budget with income and expenses	4-T Strategy	Team Time Talent Treasury
Love	Ability to transform myself from crisis and brokenness to self-sufficiency and wholeness	Love myself holistically	5 Areas Strategy	Physically Mentally Socially Spiritually Economically

To get the online version of Holistic Hardware go to: <https://vigorousvirtues.com/holistic-hardware/>