



# **Cru Inner City Expansion**

## **PRAYER WALK LEADERS GUIDE**

**This Leaders\* Guide has everything that the participants guide has plus some suggestions and ideas for planning your Prayer Walk.**

## What is Prayer Walking?

Prayer walking is simply walking while talking to your Heavenly Father. It can be done anywhere you go: a city, a town, a beach, school campus, neighborhood, apartment complex, anywhere. Keep in mind, you are asking that His Kingdom come to that location. *It is simple. It is simply praying while you walk!*

## What is our Goal?

Our goal is to pray over our communities that people will become more receptive to the Gospel of Jesus Christ. The focus should be on praying for the neighborhood. If an interaction with someone leads to a Jesus conversation go ahead and share with them. But, don't force it.



## How Do I Organize A Prayer Walk?

- Decide what neighborhood you will pray in and map out the area. Continue to grow in understanding the neighborhood. Do you need to get permission from the apartment manager to be on the property? Are there any restrictions, etc.?
- Decide who you will ask to join you on the prayer walk (maybe start with a small group to begin with).
- Decide the meeting location for beginning and end of the prayer walk.
- Pray as a group before you go to the neighborhood.
- Set a start and finish time (allow enough time for debrief and praise).
- Make sure everyone knows to come back to (location) for debrief and praise.
- Set an emergency contact number (lead person's number).
- Seek to get contact info for anyone who receives Christ.
- Use your church T-shirt or wear a similar color shirt that can identify your group to the neighborhood.
- Decide if you want to use or create a flier to invite people to your church.



## How And What To Do On A Prayer Walk

### Each person should bring with them:

- Comfortable clothing for walking, weather appropriate.
- Water and (breath mints if you know you need them 😊).
- Phone.
- Small Bible or cell phone with Bible App.

**Eyes Wide Open:** Prayer Walk with your eyes open using your senses to pray for real needs that you actually see and hear. You have the unique opportunity of praying for real people with real needs in real time and on location. A trendy definition is “praying on-site with insight.” *Give opportunity for each person in the group to pray if they'd like to.*

**Two is Better Than One: Always go with a partner,** A man and woman teaming up is best so they can pray for whomever they find (if in a large group, break up into groups of 2-4). Partners help each other focus. One can pray while the other listens and agrees. One notices something while the other doesn't. Ideas and prayers can bounce off one another like a conversation.

**Actively listen** and be attentive to what the person is sharing with you. Focus on them and not on what you are going to say next.

**Be sensitive to the Holy Spirit** to give you the words to say and pray.

**You want to be on scene without making a scene.**

### Things to Avoid:

- Never go by yourself, always go with a team.
- Never go at night.
- Don't knock on doors.
- Don't take pictures of houses or neighbors.
- Do not aggressively engage with people you meet. Let them engage with you!





## **Opportunities That Emerge**

(We know the Holy Spirit is always working.)

**How to Engage Someone You Come Across While Prayer Walking. If someone asks you what you are doing. You can say:** *(It is good to practice these statements.)*

- “We are praying for this neighborhood asking God to bless everyone who lives here.”
- “Are there specific needs we can pray about for you or your family?” (One or two of you can pray for the person.)

## **How to transition to a gospel presentation if you sense they are open:**

- “Could I ask you one more question?” “Would you say you are more, near to God or farther away from God?”
- (This is where you could share your testimony or gospel presentation.)
- If time permits, these questions would also be good to have your team practice before you go out.

## **Debrief/Praise:**

This is a time to come back together to share about what happened during your prayer walk. Be sure to take pictures of your prayer walking group and post them here :

#CRUICPRAYWALK

## **For the Leader in the Debrief/Praise Time:**

After you come back together, encourage your team to share about what happened during your prayer walk.

## **Here are some questions you can use to encourage your people to share.**

- What did you notice? What stood out to you?
- Did anything interesting or unusual happen?
- Do you have any cool stories to share?
- Describe what you felt while prayer-walking on campus.
- Do you feel like God spoke anything to you or showed you anything such as scripture or a picture?
- Does anyone need to make a follow up call to someone who has received Christ or was interested in further interaction?