



THE 5 THINGS: EQUIPPING YOU FOR MISSIONAL LIVING AFTER COLLEGE

ALL THE 'GREATS' HAD A GREAT COACH

It's hard to name an all-time great team/athlete that hasn't had a great coach:

- 1960/70's UCLA Men's Basketball - 10 Titles - John Wooden
- 1980 USA Men's Hockey - 'Miracle on Ice' - Herb Brooks
- 1990's Chicago Bulls - 6 Titles - Phil Jackson
- Tiger Woods - 14 Major Titles - Hank Haney & Butch Harmon

Have you ever been on a sports team that had a great coach?

- What did you like about them?
- How did they help you and your team succeed?
- Could you attribute some of your team's success to your coach? Why?

Read: 2 Timothy 3:10-14

Paul, the author of 2 Timothy, was a coach/mentor to Timothy.

- What things did Paul model for Timothy?
- How would it have been helpful for Timothy to observe Paul's life experiences?
- What did Timothy learn/see about the Lord from living life alongside Paul?
- How would having a coach benefit you as you enter into a new stage of life after college?

Read: "I Needed Encouragement"

- Can you see the value in having a coach in this season?
- What are some of the challenges you perceive you may encounter?

Our human tendency is to be that of an independent spirit. We've been taught our entire lives that we can do whatever we put our minds to. Although this may true, we need help along the way. There are those that have already had the life experiences you'll soon encounter and would be filled with joy at the opportunity to encourage you through them. Don't pass up on this need. Find a coach.

Don't assume, "I'll be fine." Find a coach --- a mentor!



"I Needed Encouragement"

There had never been a time in life when I have felt more lost than I did after graduating college and after my intern year with Campus Crusade. Everything was new and different and I felt like I was in the dark. Not darkness, but I simply couldn't see more than 2 feet in front of me. I wanted to be strategic and use my twenties to glorify the Lord. I had dreams of successfully living out my Kingdom Vision, but had no idea how to begin doing so. I knew that I needed someone who had been where I was, had walked with the Lord through their 20s and done it well. I needed someone to speak into my life who was a few steps ahead of me and tell me that I am normal for feeling so strange but also be honest and challenge me. I needed encouragement and help refreshing my vision. I needed a coach and a friend!

~ U of MN 2007 Graduate

Action Steps:

- *Is there someone already doing what you have a vision for? How can you learn from them or join with them?*
- *Is there a church or a full-time ministry with whom you can volunteer that could help you accomplish the Kingdom Vision God has given you?*
- *The ESS Ministry has connections to professionals all over the region. If you'd like to be connected to someone in the city you'll be working, email: ESSUpperMidwest@gmail.com*

Next week we will wrap up "The 5 Things" with some final "Application"

