Topic	Reference	
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BINS

Topic	Reference	Mon/Wed/Fri	Tues/Thurs	Saturday

Scripture Memory Sheets Instructions

This is a scripture memory system based on daily review that was made popular by the Navigators and others decades ago. It has many benefits, among them the consistent washing of the word through one's mind and the freedom of having a system which limits the number of passages being memorized at any one time. There are three basic sheets or parts of the system.

1. Daily

Start with the daily sheet. Choose a verse/passage or two, and write the reference and the topic on the left lines. Then, each day, seven days a week for six straight weeks, review the passage mentally, checking it in the word as you need to. Each day put an x or check mark in the boxes to the right of the topic and reference lines. At the end of the first seven days, add a new passage and begin the process with that one so it is one week behind the first. At the end of the second week, add another passage, and so on.

2. BINS

After six weeks of reviewing it once a day, move the passage from the daily sheet to the BINS sheet. At first review the passage every Monday, Wednesday and Friday for 8 weeks. Each week (not each day on this sheet) place an x or check mark in the boxes to the right. Then you will see the passage move to Tuesday and Thursday, then finally eight weeks later, to only Saturday. As you see, the process gradually reduces the number of times you review the passage the longer you have worked on it.

3. Long Term Review

Finally, after the passage is finished on the bins sheet you may put it on a long term review sheet. There are few rules here. Review these passages as often as needed. At first you may wish to do them once a month. After many passages collect there you may just opt to gradually work through the sheet doing one or two passages a day, however long it takes to complete.

A sample Top Ten List to begin with

Romans 3:21-26 (or the whole chapter)

Romans 12:1-2 (renewing the mind)

Phil. 4:8 (renewing the mind)

Psalm 119:11 (renewing the mind)

Galatians 2:20 (our identity)

Col. 3, whole chapter (how we should live out our faith)

Matt. 22:36-39 (what our lives are to be about)

Acts 17:26-27 (why we exist!)

Isaiah 43:10-11 (why we exist again)

Romans 8:28-39 (our security)